



COMMUNITY ADVISORY

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For Immediate Release:

May 22, 2020

Interactive Live Session to feature special guest in honor of Mental Health Awareness Month

Deidra T. Rausch, Executive Director of The Cabin, will be live on YouTube with the Mayor and Town Council President

WHO: Deidra T. Rausch, Founder and Executive Director of The Cabin in Zionsville, Mayor Emily Styron and Town Council President Josh Garrett

WHAT: Deidra T. Rausch will be a special guest during next week's Interactive Live Session with Mayor Emily Styron and Town Council President Josh Garrett. Deidra will offer advice and tips regarding the impact of COVID-19 on mental health, including the psychological impact and the impact on relationships. Deidra will also offer "survival tips."

Have questions for Deidra, Emily or Josh? Questions can be submitted in advance by emailing Amanda at avela@zionsville-in.gov.

WHEN: Tuesday, May 26 at 11 a.m.

WHERE: Join the conversation on the [Town of Zionsville YouTube page](#).

Sessions will continue on Tuesdays at 11 a.m. on a bi-weekly basis.

- Tuesday, June 9 at 11 a.m.
- Tuesday, June 23 at 11 a.m.

Schedule updates will be posted on the [Town of Zionsville's calendar](#).

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